

# CBHS

Independent Practice Association

## CBHS IPA Newsletter

February 24th, 2020

*General Edition*



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**CBHS IPA joined TWITTER! You can follow us at:**

<https://twitter.com/CoordinatedI>

**CBHS IPA joined LINKEDIN! You can follow us at:**

<https://www.linkedin.com/company/coordinated-behavioral-health-services-ipa-llc/>

**Be sure to check it out at [CBHSINC.ORG](http://CBHSINC.ORG).**

**CBHS encourages everyone to register your email and create a password on the Website!**

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## **SPECIAL ANNOUNCEMENTS:**

CBHS is excited to announce that the CBHS Connections Care Platform - ConnexRX - which is still on target to go live on Monday, March 2nd!

Credentialing Applications have been distributed on Friday, February 21st to all CBHS Member Agencies. Please check your emails and spam filters, if you do not see the application. If you cannot find it, please contact CBHS at [credentialing@cbhsinc.org](mailto:credentialing@cbhsinc.org).

**Thank you!**

We are hoping to make this a monthly newsletter coming out around the middle of each month. That is an aspiration. Please don't hold us to an exact date.

## **In the News:**



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*Selection by Richard Tuten, Esq., CEO of CBHS IPA.*

### **Benefits of Penetration Testing your Organization's IT Security:**

Healthcare suffers with a unique endpoint challenge: a host of vendors, legacy systems, and an ever-increasing list of connected devices. But even with what it may deem a secure network, the threat landscape also continuously adds new vulnerabilities. Pen testing allows providers to test their cyber readiness and determine just how they stack up against a real-world cyberattack.

Click [here](#) to read more!

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### **Virtual Behavioral Health Visits Improve Care Access:**

Many members want the option of digitally interacting with their providers. Quickly scheduling appointments online and videoconferencing with a doctor is not something in the distant future but an immediate expectation many patients have.

“Rather than calling providers on the phone and trying to find and schedule appointments, there are some people who would prefer to digitally interact with seeing who’s available and schedule appointments right there on the platform,” explained Borden.

For members who might feel uncomfortable seeking treatment because of stigma, virtual appointments are a very appealing alternative to in-person visits.

Click [here](#) to read more!

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### **A Recent Study from NYU Finds that Health Systems Invested Over \$2.5bn in SDoH Between 1/1/17 and 11/30/19:**

In analysis of public announcements of new social determinants of health programs operated by US health systems from Jan. 1, 2017, to Nov. 30, 2019, researchers from New York University uncovered at least a \$2.5 billion in investments from 57 health systems that collectively included 917 hospitals. The health system funds were allocated to 78 unique programs launched during that time.

About two-thirds of the total investment (\$1.6 billion) was specifically committed to housing-focused efforts, followed by employment (28 programs, \$1.1 billion), education (14 programs, \$476.4 million), food security (25 programs, \$294.2 million), social and community context (13 programs, \$253.1 million), and transportation (6 programs, \$32 million).

Click [here](#) to read more!

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### **REPRINT: CBHS, IPA & CBC, IPA Joint Initiatives to Increase Medication Assisted Treatment (MAT): *written by Dr. Jorge R. Petit, President & CEO of CBC, and by Mr. Mark Sasvary, Chief Clinical Officers of CBHS***

In October 2019, Coordinated Behavioral Health Services (CBHS) and Coordinated Behavioral Care (CBC) Independent Practice Associations (IPA) were awarded funds to develop initiatives that, in collaboration, were synergistic and complementary of the stated mission of the grant described above called the OASAS Behavioral Health Care Collaborative (BHCC) MAT Expansion Award

Click [here](#) to read more! Article can be found on Page 10!

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*Photo provided by Ms. Hill.*

## **CBHS Welcomes: Barbara Hill, Director of Innovation!**

Barbara Hill is CBHS's newest employee as Senior Director of Innovation. Barbara has over 40 years of experience in the field of health and behavioral health care administration, strategy, performance improvement and policy. She has been a leader in Article 31, 32, and 28 facilities, FQHCs, hospitals, many Hudson Valley and NYC CBOs, a NYS DOH Performing Provider System in the DSRIP program and a large health care workers union in NYS. Barbara has provided financial, operational and strategic advisement and programmatic assistance to over 40 health and behavioral health organizations both on staff and as a consultant. She has a Masters in Public Administration (Health Planning and Policy) from NYU and a Masters of Social Work from the Hunter School of Social Work. She holds a LCSW-R designation.

Barbara knows many of the CEOs and EDs of CBHS's network partners and affiliate providers from her previous employment with WMCHHealth PPS, Family Services, HVCS, Step One and HRHCare. In addition, Barbara is a family caregiver of her brother who is a person with schizoaffective disorder and is in recovery from alcoholism. He is a client in at least five of CBHS's network and affiliate providers and she has in-depth knowledge of the on-the-ground needs of the organizations and clients from having to navigate the behavioral, health, and social services in Ulster County for him.

Barbara loves the outdoors and explores the beautiful Hudson Valley that we live in as often as possible. She adores having fun. Barbara is married to a wonderful woman who works in the Montefiore Hudson Valley Collaborative. She has two cats, Happy Face and Bluebell, who are waiting patiently to be celebrated in a future issue of the CBHS newsletter.

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## ***Celebrating Our Social Workers***

*By Joan Crawford, Chief Program Officer*

Family Services is celebrating Social Work month in March, this year's theme is "Generations Strong". The Social Work Month campaign will inform the public, policy makers and legislators about the way nation's more that 700,000 social workers from every generation are shaping our society for the better.

Reading through the materials for Social Work month had me thinking about the many people who choose a career working for non-profit agencies. Family Services employs more that 200 people throughout the Mid-Hudson Valley. These are social workers and other licensed mental health professionals, accountants, HR professionals, security personnel, advocates, educators, maintenance staff, and many others. Each and everyone are drawn to our mission. These are individuals who are committed to making things better for others.

Click [here](#) to read more! Article can be found beneath the "BY THE NUMBERS" section.

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## **ODDS & ENDS:**

# CBHS HCBS Peer Training: *Everything you want and need to know about providing/supervising peer services!*



## Trainings #2 – MHA Westchester

Session 1	2-20-20	10am – 2:00pm	MHA Westchester 580 White Plains Road, Suite 510 Tarrytown, NY 10591
Session 2	2-21-20	10am – 2:00pm	MHA Westchester 580 White Plains Road, Suite 510 Tarrytown, NY 10591
Session 3	3-19-19	10am – 2:00pm	MHA Westchester 580 White Plains Road, Suite 510 Tarrytown, NY 10591

Please RSVP to Chuck Rosenow at [RosenowC@MhaWestchester.org](mailto:RosenowC@MhaWestchester.org) and let him know that you will be attending the CBHS HCBS training.

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**Department  
of Health**

### COMPLIANCE PROGRAM SELF-ASSESSMENT FORM:

Are you "compliance ready?" The New York State Department of Health has launched a readiness assessment form for you and your agency to use! It will help you understand where you are at, where you need to go, and how (to get ready) to get there!

To access the Compliance Program Self-Assessment form, please click [here!](#)

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## SAVE THE DATE!



### CBHS, IPA's Spring Symposium

Date: Wednesday, May 27th, 2019 <----- DATE HAS BEEN CHANGED!

Location: Anthony Pier 9, New Windsor, NY

In March 2020, CBHS will be hosting its next Symposium. Further details are pending. Please save the date.

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**Need Some Cubicles?: CBHS is Renovating Its Offices and We Have Free for Pick Up Cubicles that Could Use a Good Home! If you are interested, please call us at 845-615-9312 for details re: pick-up.**



## **CBHS BHCC PET(s) of the Month**

Hi everyone! My name is Aria Elizabeth and I was born on 6/15/19. I am a Bengal cat which means I am highly intelligent, very outgoing, incredibly active and playful, super affectionate, gentle temperament, and I am extremely talkative.

The threat of getting wet terrifies a majority of my friends and family, however I embrace the water. I am a water loving Bengal and I love to take baths and just swim for the fun of it! I am an excellent jumper and climber. In fact, I can jump up to 3x my height and you can often find me on just about any shelf or ledge in the house. I can easily learn tricks, and as of now fetching is by far my favorite! I have the "glitter gene" which gives my coat a bright iridescent look and I sparkle in the sunlight. Everyone is always talking about how pretty I am, constantly petting me. I am very vocal and loud, especially when I want something and it always works with my family (Needless to say, I may be a bit spoiled!). Steak, tuna, salmon, and turkey are definitely my favorite foods of all time. But please don't pet me while I eat tuna, it's too good to be distracted while savoring every last bit!!

Lastly, my best friend in the whole world is named Cyrus and I just adore him! We rescued him and he was very sick, but I'm happy to report that today, he is now my happy, healthy, chunky bestie!! We love staying up all night, exploring, running, and of course, cuddling.