



CBHS IPA Newsletter

January 24th, 2020

General Edition



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CBHS IPA joined LINKEDIN! You can follow us at:

<https://www.linkedin.com/company/coordinated-behavioral-health-services-ipa-llc/>

Be sure to check it out at CBHSINC.ORG.

CBHS encourages everyone to register your email and create a password on the Website!

We are hoping to make this a monthly newsletter coming out around the middle of each month. That is an aspiration. Please don't hold us to an exact date.

In the News:



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Selection by Richard Tuten, Esq., CEO of CBHS IPA.

CBHS, IPA & CBC, IPA Joint Initiatives to Increase Medication Assisted Treatment (MAT):

written by Dr. Jorge R. Petit, President & CEO of CBC, and by Mr. Mark Sasvary, Chief Clinical Officers of CBHS

In October 2019, Coordinated Behavioral Health Services (CBHS) and Coordinated Behavioral Care (CBC) Independent Practice Associations (IPA) were awarded funds to develop initiatives that, in collaboration, were synergistic and complementary of the stated mission of the grant described above called the OASAS Behavioral Health Care Collaborative (BHCC) MAT Expansion Award

Click [here](#) to read more! Article can be found on Page 10!

ACOs Move to Risk:

CMS has announced that the number of MSSP (Medicare Shared Savings Program) ACOs assuming full risk has increased from 93 to 192! This (in my opinion) is a harbinger of the quickening pace of the movement to risk further down from the payor. Click [here](#) to read more!

Opioid Overdose Mortality Decreased 6% in Medicaid Expansion States:

Medicaid expansion states saw a six percent decreased rate in total opioid overdose deaths compared to states that did not expand Medicaid eligibility, [according](#) to researchers from the University of California Davis School of Medicine. Click [here](#) to read more!

How Payers Can Help Reform Behavioral, Mental Health Parity:

The disparity between physical and behavioral health continues to widen in spite of the passage in 2008 of the Mental Health Parity and Addiction Equity Act (MHPAEA). Click [here](#) to read more!

UnitedHealth Expanding Housing Program to 30 Markets by Early 2020:

Next year, UnitedHealth plans to house 350 homeless Medicaid patients who collectively spend more than \$17 million on healthcare annually. Click [here](#) to [read](#) more!

Study Finds Federal Overdose Data Under-Reports Which Drugs Caused Deaths:

A recent study out of the University of South Florida found that federal drug death data is highly under-reported. USF compared the federal data to the

State of Florida data and found up to one third of deaths caused by opioid overdose were not reported. Florida requires that a final death certificate must wait for toxicology results, thus making the certification more accurate. Click here to [read](#) more!



HCBS Success Stories: Housing is with HDSW

Submitted by Ruthanne Becker, Senior Vice President of MHA Westchester

Long term client: Female, age 52 years, enrolled in MHA HCBS Peer Support Services in February, 2017.

When HCBS Peer Support services began, Client's social life consisted of a once-a-week group therapy meeting at White Plains Hospital. Client's social anxiety was preventing her from leaving her apartment. Since her enrollment in Peer Support Services, the client has made great strides in conquering her social anxieties with the ongoing support and encouragement from her HCBS Peer Specialist. Currently, Client participates in meals on wheels program, and has begun socializing with neighbors in her community after enrolling in a senior citizens program. Client now visits friends in the Southern end of the County on a regular basis, attends functions at Hope House, and various community/political meetings in Port Chester.

Short term Client: Female, age 60 years, enrolled in MHA HCBS PSR Services in November 2019.

Upon enrollment in HCBS PSR services, client identified her need to develop communication skills needed for improved relationships with family, roommates and friends. Client had recently been engaging in arguments and experiencing anger towards one of her roommates. Over the course of the last three months, client and her HCBS PSR Provider began working on utilizing identified coping mechanisms to better manage her emotions. Client and HCBS PSR Provider have also worked on improving communication skills to help ease tensions between the client and her two roommates.

Recently, Client reported that she was successfully utilizing these new skills to avoid conflict with roommates. Client reported that she was able to express herself without anger and is now able to retreat to her room to process her emotions when needed, rather than engage in an argument with her roommate(s). With the ongoing support of HCBS PSR Provider, Client will continue to build on utilization of improved coping/communication skills in order to incorporate them into building better relationships and natural supports.

Chief Clinical Officer (CCO) Report:



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By Mark Sasvary, CCO of CBHS IPA.

Welcome to 2020 everyone! We're off to a running start.

I'd like to thank our partners at Independent Living, Inc., People, USA, ACCESS, and Family Services, Inc. We had an opportunity to present our many accomplishments as part of the Transitions of Care Wellness project (TOCW) at the Westchester Medical WMCHEALTH PPS Innovation Pilots meeting held 1/10/20. We've been able to make a real impact and helped hundreds of clients get connected to essential services and help clients avoid readmissions and hospitalizations. Thanks again to WMC for all their support and we look forward to continuing our great work. We have been working with CBC IPA to build on their highly successful Pathway Home model, which would be a natural extension of the TOCW. We have also started dialogue with potential partners to make the Pathway Home model a reality in the Hudson Valley.

We are moving ahead with developing levels of care for Medication Assisted Treatment for people with Opioid Disorders. We are also developing alternative payment arrangements models in consultation with payors in order to support innovative work that incorporates Peers, technology, and clinical supports. We will be working closely with our CBHS member agencies as well as our CBC IPA partners to make the best use of the OASAS grants that were awarded to us and so we can make a greater impact on the Opioid epidemic.

In 2020 we are continuing to support agencies in getting clients assessed and connected to HCBS. We released funding to participating agencies to fund the work being done on the ground. We also continue to work with Competitive Solutions Inc. to develop more efficient referrals, assessments, and linkages to services. Thank you as always to all the agencies and their continued efforts to make progress on building the infrastructure we need to support HCBS.

We are also proud to announce the launch of our QOC Children and Youth Subcommittee on 1/22/20. Thank you to Himali Pandya & Nolly Climes, our co-chairs, on getting things started and moving in a great direction. Our QOC and Steering Team also continue to do great work, which will be more important than ever, as we develop the data analytics platform through the Arcadia system through IMSNY, our joint venture with the CBC IPA.

I also want to welcome aboard Barbara Hill our new Senior Director of Innovation. I've had the pleasure of working with Barbara in the past and I'm confident she will help us bring our many projects to implementation and success.

Thanks to all our CBHS member agencies for all the help in our committees and projects. We couldn't do it without you!

ODDS & ENDS:



Department of Health

COMPLIANCE PROGRAM SELF-ASSESSMENT FORM:

Are you "compliance ready?" The New York State Department of Health has launched a readiness assessment form for you and your agency to use! It will help you understand where you are at, where you need to go, and how (to get ready) to get there!

To access the Compliance Program Self-Assessment form, please click [here!](#)



Certified Peer Recovery Advocate (CRPA) & Mental Health Peer Specialist Webinar

Montefiore Hudson Valley Collaborative and Mental Health Association of Westchester are offering a Certified Peer Recovery Advocate (CRPA) and Mental Health Peer Specialist informational webinar on February 5, 2020 from 1:00pm to 2:00pm.

About the Webinar

Chief Planning Officer, Barbara Bernstein PhD, MPH and Program Director of Recovery Network and Peer Training, Dwayne Mayes of MHA of Westchester will provide information on the following topics:

- Provide guidance on the process of training and certification
- Discuss the development of a CRPA & Peer Specialist dual-certification program
- Highlight the benefits of integrating peers into the workforce
- Questions and Answers

Who Should Attend?

For any organization interested in leveraging existing or creating Certified Peer Recovery Advocate & Mental Health Peer Specialist roles & programs.

Registration

[Click here!](#)

Contact

If you have questions and/or need additional information regarding the upcoming webinar, please contact Daniel Fontanez at dafontan@Montefiore.org | (914) 354-5615.

SAVE THE DATE!



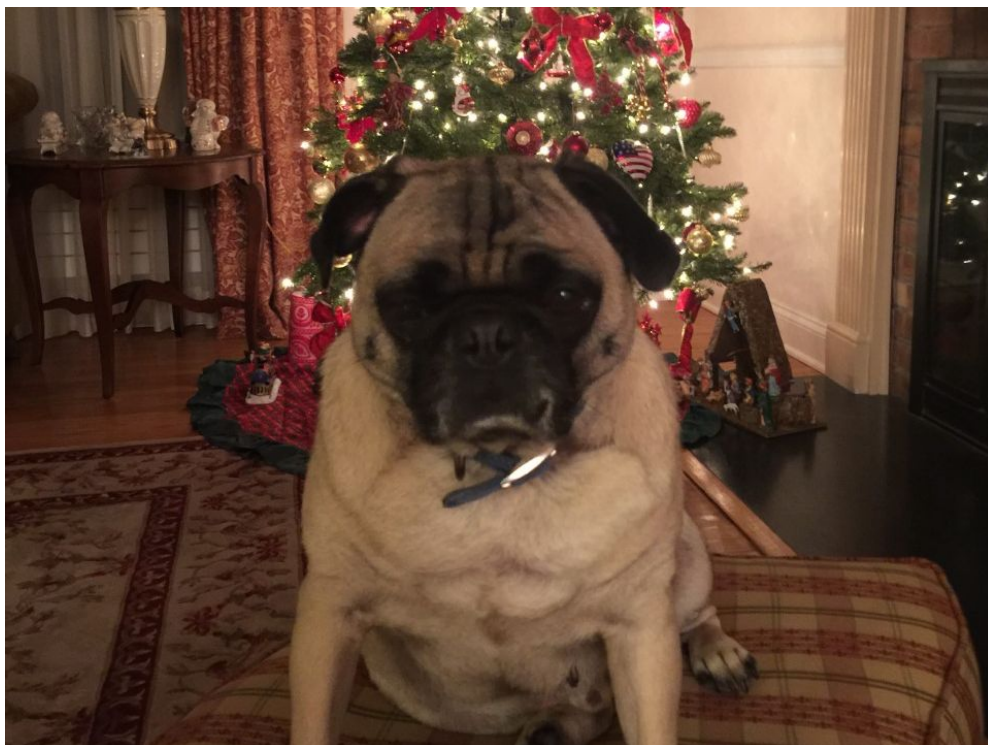
CBHS, IPA's Spring Symposium

Date: Thursday, March 26th, 2020

Location: Anthony Pier 9, New Windsor, NY

In March 2020, CBHS will be hosting its next Symposium. Further details are pending. Please save the date.

Need Some Cubicles?: CBHS is Renovating Its Offices and We Have Free for Pick Up Cubicles that Could Use a Good Home!: If you are interested, please call us at 845-615-9312 for details re: pick-up.



CBHS BHCC PET(s) of the Month

Rocky is an 8 year old Pug. His mother is Ms. Pat Lemp of Westchester Jewish Community Services! His favorite past time is eating. He loves attention, a good belly rub and stealing shoes, which he will happily surrender for a treat.